

# How to Make A Facemask

## Step-by-Step Instructions

### What you will need

- A tightly woven cotton, such as a dress shirt, sheet, or similar material, for the front layer.
- Softer cotton, such as flannel, for the back layer.
- Rope elastic, beading cord elastic will work (you may also use 1/8" flat elastic)
- Cut the elastic 7" long and tie a knot at each end (DO NOT knot the ends of the flat)

### What to do

#### **You can make two sizes: Adult or Child**

1. Cut fabric 9.5" by 6.5" for an adult or 7.5" by 5" for a child. Be sure any fabric design is placed horizontally
2. Put right sides of fabric together
3. Starting at the center of the bottom edge, sew to the first corner and stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
4. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
5. Sew across that top of the mask to the next corner. Again, put an elastic with the edge out.
6. Sew to the next corner and sew in the other end of the same elastic.
7. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
8. Pin three tucks on each side of the mask. Make sure the tucks are the same direction
9. Sew around the edge of the mask twice.

Video Link:

[https://www.youtube.com/watch?v=vyDtrobkaxg&feature=emb\\_logo](https://www.youtube.com/watch?v=vyDtrobkaxg&feature=emb_logo)

### **Donation Bins**

Donate needed medical supplies in the blue donation bins located 24/7 directly outside the main entrances of:

- Morristown Medical Center
- Overlook Medical Center
- Chilton Medical Center
- Hackettstown Medical Center
- Newton Medical Center

Donations will also be accepted at 200 American Road, Morris Plains, Monday – Friday, 8:30am – 5:00pm and 435 South Street, Morristown from 9:00am to 5:00pm.