



**Events by, for and of interest to older residents
of South Orange & Maplewood.
Free unless otherwise noted.**

March 2019

Go to our website for detailed and up-to-date information:

www.SOMATwotownsforallages.org

New Events:

“Writings on Paper” - Join John Straus, a writing teacher at Rutgers-Newark, in this new class to share relaxing ways to get words on the page. No computers or phones: just paper and pens. Pre-requisites are flexibility and humor. Fridays March 1, 8, 22 & 29, 1-3:30 pm at the Maplewood Senior Center. \$20 for all 4 classes. Sign up at (973) 763-0750 or www.Maplewood.recdesk.com

The Strollers Present: “An Enemy of the People” by Arthur Miller, The Burgdorff Center, March 15, 16, 22 & 23 at 8 pm, Sunday March 17 at 2 pm. Box office (973) 761-8453 or www.TheStrollers.org ; Seniors - \$15

SOMA Film Festival, Wed. March 20 - Sun, March 24, The Woodland

The SOMA Film Festival features and supports independent and emerging filmmakers with the believe that independent film can change the way people experience the world. For information and tickets go to:

<https://www.somafilmfestival.com/>

Makers Month - South Orange Public Library will celebrate Makers Month for the fifth year with a variety of creative programming beginning Friday, March 1st, and continuing throughout the entire month, highlighted by a special, all-day celebration, Makers Mayhem, on Saturday, March 23, from 11am – 4pm.

Ideas Festival - Maplewood Memorial Library is gearing up for the 6th annual event celebrating the talent and creativity of our community. The Festival will begin on Saturday, March 23 and end on Saturday, April 6 with Tina Kelley receiving the Maplewood Literary Award. Except for Makers Day, all programs will be held at the Main Library. Additional details are available at www.maplewoodlibrary.org.

Recurring:

Mondays

Friendship Quilters, South Orange Library, noon – 3pm

- No experience necessary!

Mah Jong Mondays, Maplewood Senior Center, 1 - 3 pm

- Drop-in for mah jong. We have the tiles, the coffee & the cookies.
- For beginners, experts and everyone in between.

Tuesdays

Digital Device Clinic, Hilton Library 5-7pm

- Drop in for free one-on-one support for using your e-reader, tablet, smartphone, or other electronic device.

March Events

Saturday, March 2

Yard and Garden Q&A for Newbies and Curious Minds, Maplewood Main Library, 10:30 am

- Want to feel confident about replacing that struggling rosebush, start a new garden, or identify poison ivy? Then don't miss Maplewood Garden Club's workshop, where a panel of MGC gardening experts will field questions on a wide variety of topics.

Monday, March 4

Maplewood Garden Club, Maplewood Main Library, 7 pm

- The Plight of the Pollinators – Natives to the Rescue
- John Black, president of the Native Plant Society of New Jersey, will cover just what we mean by "native plants" and why our pollinators need them. He will discuss pollinators in general as well as go over some relatively common plants that they depend on. Come find out how to make your garden pollinator friendly.

Book Discussion Group, South Orange Library, 7:30pm

- "A Prayer for Owen Meany," by John Irving (moved from Feb. 25)

Tuesday, March 5

Adult Health Clinic, Maplewood Town Hall, 10am - noon

Virtual Reality Demo for Adults, South Orange Library, 1pm

SOMA Speaker Series - Tax Appeal Seminar, Maplewood Senior Center, 7pm

- Craig Smith, Appraiser and tax appeal expert will discuss the process and whether your house is a good candidate for an appeal, with time for Q&A
- free but please register at <https://adamsonramsey.com/taxappeals>

Wednesday, March 6

Just Lunch, Maplewood Senior Center, noon

- free but rsvp by March 4 to (973) 763-0750

Creative Writing Workshop, South Orange Library, 1pm

Adult Health Clinic, Hilton Branch Library, 3:30 -5 pm

Read Around the World (Brazil), Maplewood Main Library, 7pm

- "The Invisible Life of Euridice Gusmao" by Martha Batalha.

Thursday, March 7

Library Lecture Series, South Orange Library, 1 pm

- Speaker: Ziyuan Meng, Professor of Computer Science at Drew University
- Topic: Cybersecurity

Coding for Moms (and other grownups), 10:30am

- Learn about programming in a relaxed and non-intimidating setting.

Columbia High School presents "Mary Poppins," Columbia High School, 5:30 pm, doors open 5pm

- Seniors invited to view the final dress rehearsal for free!
- Come and see the fabulous talent of our high school students.
- Need transportation? Call (973) 588-0863

Friday, March 8

Food & Flowers, South Orange Library, 3:30pm

- Explore flower arranging

Folk Friday, Ethical Culture Society, 516 Prospect St., 7:30 - 9:30pm

- bring acoustic string and rhythm instruments. Join in playing, singing, or listening with us and bring refreshments to share!

Saturday, March 9

Yarn and Fiber Arts Group, Maplewood Main Library, 10 - noon

- A gathering for people who knit, crochet, quilt, sew, embroider or do other creative things with yarn or fabric.

Sunday, March 10

Classical Maplewood –A series of Classical Music in the Heart of Maplewood, The Woodland, 4pm

- Enjoy an afternoon of fine music in the casual setting of the Woodland's Great Hall.
- Selections include Mozart, Schumann, Le Beau, Brahms, Beethoven, Dvorak and Faure.
- Free and open to all

Monday, March 11

Computer Class, South Orange Library, 10 - 11:30 am

- Computer Basics

S.O.S. - Try Something New, The Baird, 1pm

Unsung Spaghetti Westerns, Maplewood Main Library, 7pm

- Learn about great films beyond the familiar titles, and how they influenced modern westerns.

Ecology & Economy: Resolving Our Climate Crisis, Congregation Beth El, 222 Irvington Ave., South Orange, 7:15 - 8:45pm

- Five panelists from the fields of economics, communications, engineering, biology, and law will explore such questions as: what is an ethical response to climate change, can news help us live better, and is "growth" always good? The interactive forum will involve the audience in a constructive dialogue.
- The public is invited to attend, admission is free, and registration is required.
- Register at register: <http://bit.ly/ecologyforum>

Wednesday, March 13

Maplewood Senior Club Meeting, Maplewood Senior Center, 10am

Wednesdays at the Movies, South Orange Library, 1 pm

- A Star is Born (2018 version)

SOMA GranNannies, Ethical Culture Society, 7:30pm

Memory Cafe, Livingston Bagel, 37 E. Northfield Rd Livingston, 10:30 - 11:30 am

- Hosted by Arden Courts
- Memory Cafes are an informal setting that provides caregivers with a forum for discussion ranging from practical tips for coping to community resources.
- Questions? call (973) 736-3100

Thursday, March 14

St Paddy Day's Lunch, Maplewood Senior Center, 11:30am

- Corned beef lunch with all the trimmings!
- \$5, Rsvp by **March 11** to (973) 763-0750 or www.Maplewood.recdesk.com

Classic & Contemporary Book Discussion Group, Maplewood Main Library, 7pm

- "The Corrections," by Jonathan Franzen
- Facilitated by Dennis Donahue, PhD, former Director of the Albert Dorman Honors College at NJIT

Library Lecture Series, South Orange Library, 1pm

- Speaker: Justin Williamson, Special Agent with the FBI
- Topic: Becoming & Working as an FBI Agent

Friday, March 15

Deadline for Essex County Legacies Writing Contest

Saturday, March 16

Understanding Alzheimer's and Dementia, Maplewood Main Library, 10:30am

- Learn about the disease stages, risk factors, research, treatments and resources.

Medicare for All, Maplewood Senior Center, 10 am

- Co-hosted by Maplewood Senior Share and SOMA Action
- Presenters: Bennet Zurofsky & Dr. Lloyd Alterman

Happiness is a Choice, South Orange Library, 2 - 3 pm

- John Leland, author of "Happiness Is a Choice You Make: Lessons from a Year Among the Oldest Old," will read and talk about his new book.

Sunday, March 17

In the Revolutionary Style, Durand-Hedden House, 1 - 4 pm

Monday, March 18

Transportation Classes by NJTips@Rutgers, Maplewood Main Library, 10:30am *or* South Orange Library, 1pm

- Join us for a CLASSROOM program where you'll learn everything you need to know about how to ride the bus, train, and alternative options to get around safely in your area.

Tuesday, March 19

Overlook Health Van, Maplewood Town Hall, 10 am - noon

- Colon Health/ sleep education, BMI and glucose screening provided

Reception for Marian Roffman, South Orange Library, 2pm

- Come and see Marian Roffman, South Orange Senior Social Worker, as she begins her retirement

Wednesday, March 20

Creative Writing, South Orange Library, 1pm

Adult Health Clinic, Hilton Branch, 3:30 - 5pm

- Blood pressure and carotid bruit screening, medication, weight & health counseling, Open to Maplewood residents 18 and older. Staffed by Maplewood Health Dept. nurses. Drop in.

Thursday, March 21

Blood Pressure Screening, The Baird, 9:30am

South Orange Senior Circle, The Baird, 11am

Library Lecture Series, South Orange Library, 1pm

- Speaker: Eugene Lieber, Lecturer & Professor Emeritus of History, Essex County College
- Topic: Brexit & Other Nationalists Movements in Today's Europe

Foreign Film Series: The Conversation by Coppola, 1974, South Orange Library, 6:30pm

- Brought to you by Friends of the South Orange Public Library

Friday, March 22

Food & Flowers, South Orange Library, 3:30pm

- Explore flower arranging

US Army Band – Jazz Ambassadors Concert, Columbia High School, 7 pm

- The Jazz Ambassadors is the United States Army's premier big band. Concerts include something for everyone, from classic big band standards to instrumental and vocal solo features, patriotic favorites, contemporary jazz works, and original compositions. For this concert only, several Columbia High School jazz musicians will sit in with the band!
- While the concert is free, you must have a ticket to attend. Email deborah.gaines@gmail.com for tickets and include your name and address as well as the number of tickets requested (maximum of 4).
- Or, pick up tickets at the South Orange Library or the Maplewood Senior Center

Saturday, March 23

NJ Maker's Day, Hilton Branch Library, 10 am - 1pm

- High-and low-tech activities for kids, teens and adult will include stereoscopes, CD spinners, spool knitting, vorpal robotics, and a project with Maplewoodshop.

Monday, March 25

Book Discussion Group, South Orange Library, 7 - 8:30 pm

- "An American Marriage," by Tayari Jones

Computer Class, South Orange Library, 10 - 11:30 am

- Gadgets - smartphones, tablets, etc.

Mah Jong Mondays, Maplewood Senior Center, 1 - 3 pm

- Drop-in for mah jong. We have the tiles the coffee & the cookies.
- For beginners, experts and everyone in between.

Tuesday, March 26

Digital Assistants, South Orange Library, 1pm

- Smart speakers

Wednesday, March 27

Guided Painting, Maplewood Senior Center, 11:15am - 1:15pm

- \$15, all supplies included!
- (973) 763-0750 or www.Maplewood.RecDesk.com

Wednesdays at the Movies, South Orange Library, 1pm

- "The Front Runner"

De-Stressing your Life, Hilton Branch, 3pm

- A Cardiac APN will talk about the effect of stress on your body, and how to prevent stress in your everyday life.

From Policy to Practice: Stripping Down the Language, Business and Complexity of Women's Sexual Health, Maplewood Main Library, 7pm

- Rachel Braun Scherl, Jennifer Weiss-Wolf and Candice Davenport

Thursday, March 28

Library Lecture Series, South Orange Library, 1pm

- Guest speaker: Ashad Aziz; artist
- Topic: sustainability in clothing and reducing our carbon footprints by design

Spring Egg Hunt - Egg Filling, Maplewood Senior Center, 1pm

- Join in the preparations for the annual egg hunt.
- Lunch will be served

Alzheimer's 101, Alzheimer's NJ Office, 425 Eagle Rock Ave, Suite 203, Roseland 11 am - noon

- Free but pre-registration required by calling 888-280-6055 or online at www.alznj.org
- This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease and other forms of dementia, warning signs, planning for the future and access to community resources.

Taffy Brodesser-Akner & Ilena Silverman, Maplewood MainLibrary, 7pm

- Akner is a staff writer at the New York Times Magazine and writes for the newspaper's Arts & Leisure section. Silverman is the Features Editor of the New York Times Magazine.

Friday, March 29

From Plate to Plate, South Orange Library, 3:30pm

- Cultivate your green thumb!

Saturday, March 30

Arts & Music Reception, Maplewood MainLibrary, 3pm

- Chad Hunt, Photographer. Live music with the James White Band.

Sunday, March 31

Volunteer Fair, the Loft at SOPAC, 2 - 4 pm

- Looking for ways to share your time and talent? Come to the 2nd annual community-wide volunteer fair.
- Dozens of local non-profits will be on hand to discuss their work and how you can help them.

Location Guide:

The Baird – 5 Mead St, S. Orange (973) 378-7754

Burgdorff Center – 10 Durand Rd, Maplewood

Dehart Community Center – 120 Burnett Ave, Maplewood (973) 763- 0750

Durrand-Hedden House - 523 Ridgewood Rd, Maplewood

Ethical Culture Society - 516 Prospect St, Maplewood

Maplewood Main Library – 51 Baker St., Maplewood (973) 762-1622

Maplewood Hilton Library – 1688 Springfield Ave., Maplewood (973) 762-1688

Maplewood Senior Center – 106 Burnett Ave., Maplewood (973) 763- 0750

Maplewood Municipal Building – 574 Valley St., Maplewood, (973) 762-8120

The Pierro Gallery – inside the Baird, 5 Mead St., S. Orange (973) 378-7754

South Orange Library – 65 Scotland Rd., S. Orange (973) 762- 0230

South Orange Village Hall – 76 S. Orange Ave., 3rd Floor (973) 378-7715

The Woodland - 60 Woodland Rd., Maplewood

Transportation:

South Orange Senior Bus (973) 378-7754 x1

Maplewood Senior Bus: (973) 763-5278

If you would like to receive information, mailings and emails from SOMA Two towns for all ages, or post an event in our calendar, please email Crowe@twp.maplewood.nj.us or leave a message at (973) 558-0863.