

Board of Health Presentation

February 23, 2026

South Orange and Maplewood



mayors' meatless challenge



Mon. Feb. 9 – Wed. Feb. 11, 2026

Join Maplewood **Mayor Vic De Luca** and South Orange **Mayor Sheena Collum** as they minimize meat to fight the climate crisis and support good health:

- Go **meatless** for one or more days
- Try a new meatless **recipe**
- Choose a meatless dish at a SOMA **restaurant**



Details & RSVPs



Veggie Vebruary

2026 Menu



APPETIZER

Free screening of **"Meat Me Halfway"** documentary
3-5pm on Sun. Feb. 1
The Baird, 5 Mead St, South Orange
RSVP: <https://forms.gle/Y8twkh5GXuW2mHNW6>



MAIN COURSE



Mayors' Meatless Challenge
Mon. Feb. 9-Wed. Feb. 11
Join Maplewood **Mayor Vic De Luca** and South Orange **Mayor Sheena Collum** in choosing one or more entrees:

- Go meatless for one or more days
- Try a new meatless recipe
- Choose a meatless dish at a restaurant



FOR THE KIDS

Free public event:
"Funny Faces in February"
4 PM on Thurs. Feb. 12
South Orange Public Library
The Baird, 5 Mead St, South Orange
A playful program featuring stories and healthy snacks for kids ages 6 and up



SPECIALS

Recipe of the Week
Follow Meat Me In The Middle for simple, high-protein recipes every week of February
[f @mmitm.project](https://www.facebook.com/mmitm.project)
[i @mmitm_project](https://www.instagram.com/mmitm_project)

For more details and to RSVP for events: <https://mmitm.info/veggie-vebruary>



Universal Home Visiting

Family Connects NJ is a **free, voluntary program** offering a visit at home by specially trained nurses for any family caring for a newborn baby. The program is available to all New Jersey families.

During the critical first weeks following childbirth, Family Connects NJ provides families with a private visit at home by a specially trained nurse. Program nurses will check the baby's weight, assess physical and emotional health of both newborn and parents. Family Connects NJ nurses also provide information on important topics like feeding, sleeping, and community resources available, if needed.

How to Enroll

Families can learn more information and request a nurse visit by visiting the Family Connects NJ website. For families who would rather enroll by phone, the website also includes phone numbers for local Family Connects NJ nurse providers in your home county.

To learn more and sign-up, visit FamilyConnectsNJ.org or scan the QR code.



Program Highlights

- ✓ Care is provided at **no cost to you**, in the comfort of the family home, and is completely voluntary.
- ✓ Services are available to **birth, adoptive, and resource families** with a newborn, as well as parents experiencing a stillbirth or loss of their newborn.
- ✓ Nurse visits are initially open to residents of Essex, Middlesex, Mercer, Cumberland, and Gloucester Counties starting in January 2024.*
- ✓ **Specially-trained registered nurses** evaluate health, screen for potential complications, answer questions, and address any unexpected changes families are experiencing during the first two weeks after delivery.
- ✓ Nurses will connect families to **community resources** based on their specific circumstances.

*While the program will initially be limited to select counties, it will gradually expand service to additional NJ counties.

Free In-home nursing visits, 2 weeks post partum

www.familyconnectsnj.org



[973-621-9157](tel:973-621-9157)



<https://perinatalequity.org/>

862-298-2812

IN NEW JERSEY A BLACK MOTHER IS 7-8 TIMES MORE LIKELY TO DIE FROM PREGNANCY RELATED COMPLICATIONS THAN WHITE WOMEN.

91% OF THOSE DEATHS ARE PREVENTABLE.

Nursing Update

Nursing Report - January

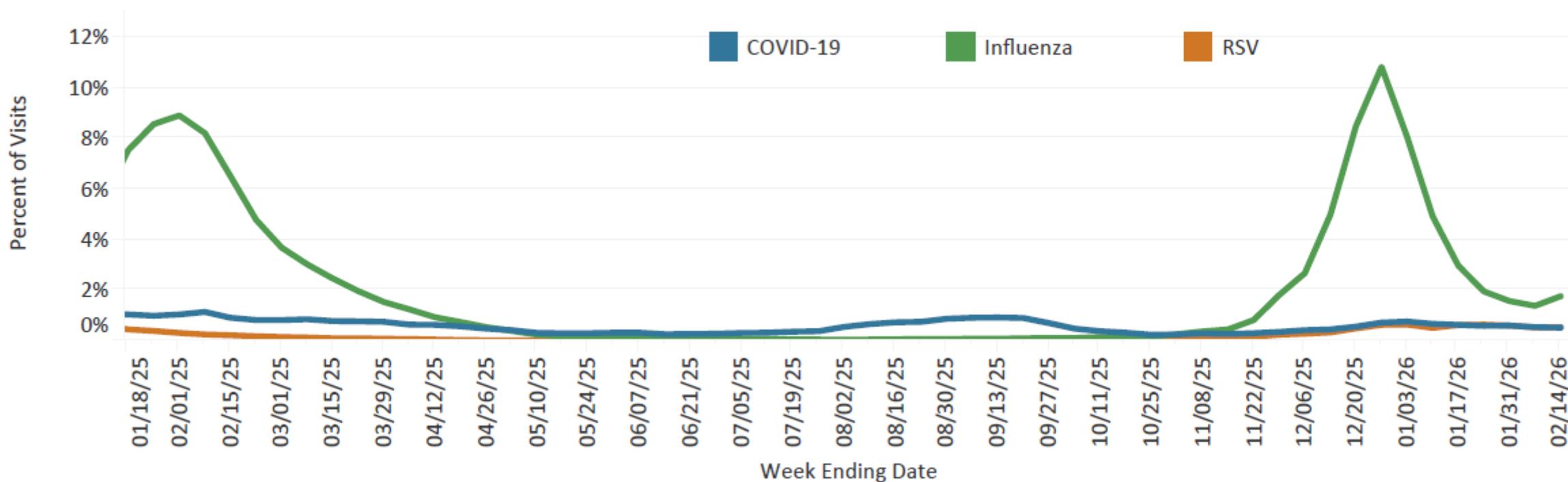
Reportable Diseases Investigated: 4

Current Cases Open: 4

Health Screenings: 8

Schools Audited: 2

Percent of Emergency Department Visits with a Respiratory Illness Diagnosis



Environmental Health Update

Environmental Health - January

Inspections

- Restaurant inspections:
 - Pre-operation inspections:
 - Initial inspection: 13
 - Re-inspections:
 - Mobile Food Trucks:
 - NOV: 1
 - Complaint investigations: 5

Health Department Licenses:

- ✓ Retail Food Establishments (Restaurants)
- ✓ One Day Food Licenses (events/festivals)
- ✓ Vape Shops
- ✓ Recreational Bathing (Pools)
- ✓ Dogs, Cats and Chickens

Animal Control Update



**Animal Control Solutions
Monthly Report: January 2026
South Orange**

Total Calls: 16

Bite: 4

Stray: 5

Stray Animals Impounded: 1

Wildlife: 7

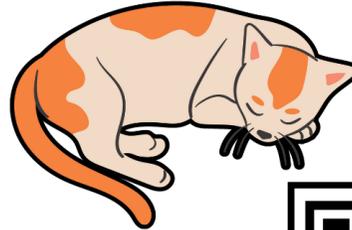


2026 PET LICENSES NOW OPEN

**ACCORDING TO SOUTH ORANGE
VILLAGE ORDINANCE 68-4:
ALL DOGS/CATS OF LICENSING AGE
ARE REQUIRED TO BE LICENSED.**

**\$17 FOR NEUTERED/SPAYED PETS
\$20 FOR NON-FIXED PETS**

***\$20 LATE FEE FOR RENEWALS AFTER 3/1/26**



QUESTIONS?

Call 973-762-8120 ext. 2007



Scan QR code to register

or visit southorange.org/508/Pet-Licenses

Social Services/Mental Health

JFS Senior Social Worker, Oct.-Dec. 2025

Referrals Made to:	Transportation Resources	Medicaid/JACC Program	Homecare Agencies	Food Pantries	SNAP Office	SHIP Program	Affordable Housing Resources	Community Programming/Maplewood Senior Center	JCC Adult Enrichment	Personal Shopping/Errand Running Service	Senior Tax Freeze Program	
South Orange Older Adults	12	0	8	4	5	46	7	3	0	4	30	
	ACP/USF/Lifeline	Eldercare Attorney/Estate Planning	Homesharing Inc Agency	Geriatricians	In-Home Podiatry/PT	Tessie's Touch Friendly Visiting	Meels on Wheels	Care Consultation Program / Caregiver Support Groups	JFS Clinical Counseling	JFS Older Adult CM for Essex, Morris, Sussex County	Chrill Care Home Friend	Total
	5	1	5	3	10	2	1	13	2	2	2	165

988 & 911

**BOTH PROVIDE CRITICAL SUPPORT
BUT FOCUS ON *DIFFERENT CRISIS TYPES***

988 specializes in behavioral health crises, offering crisis counseling and emotional de-escalation, while **911 addresses** physical dangers needing police, fire, or EMS.

988 | SUICIDE & CRISIS
LIFELINE

MAKE THE RIGHT CALL

Emergency

911

- Fire
- Severe injury or medical problem
- Criminal activity
- Life threatening situation

Mental Health Crisis

988

- Suicidal thoughts
- Emotional distress
- Concern for a friend or family member
- Substance misuse

CALL + TEXT CHAT

Social Services

211

- Food
- Housing
- Utility Assistance
- Healthcare services
- Transportation
- Legal services
- Counseling & Support

Poison Control

800-222-1222

Poison exposure from:

- Medications
- Household cleaners
- Plants
- Bites/Stings
- Lead
- Pesticides
- Recreational drugs

AVAILABLE 24 HOURS A DAY, 7 DAYS A WEEK.



**MAPLEWOOD
HEALTH DEPARTMENT**

