

Board of Health Presentation

July 28, 2025



National Minority Mental Health Awareness Month

National Minority Mental Health Awareness Month also referred to as Black, Indigenous and People of Color (BIPOC) month, the initiative this July aims to raise awareness of the unique struggles that racial and ethnic minorities in the United States face when it comes to mental illness and accessing adequate care.

Some key resources are:



<https://afsp.org/supporting-diverse-communities/>



<https://mhanational.org/bipoc-mental-health/bipoc-mental-health-month/>



<https://aakomaproject.org/>

MentalHealthHotline.org

<https://mentalhealthhotline.>



<https://www.nami.org/support-education/mental-health-education/nami-sharing-hope-mental-wellness-in-the-black-african-ancestry-communities/>



<https://www.mhanj.org/bipocmentalhealth/>



<https://www.eustressinc.org/>

KNOW THE SIGNS HEAT EXHAUSTION



IF SYMPTOMS WORSEN, CALL 9-1-1



dep.nj.gov/extreme-heat-and-health



In South Orange: The Baird and Village Hall offices; after hours, call South Orange Police (973) 763-3000.

See <https://nj211.org/nj-cooling-centers> for a full list of cooling centers near you

*All libraries, shopping centers, supermarkets can also be used as cooling stations.

Communicable and Infectious Disease Update



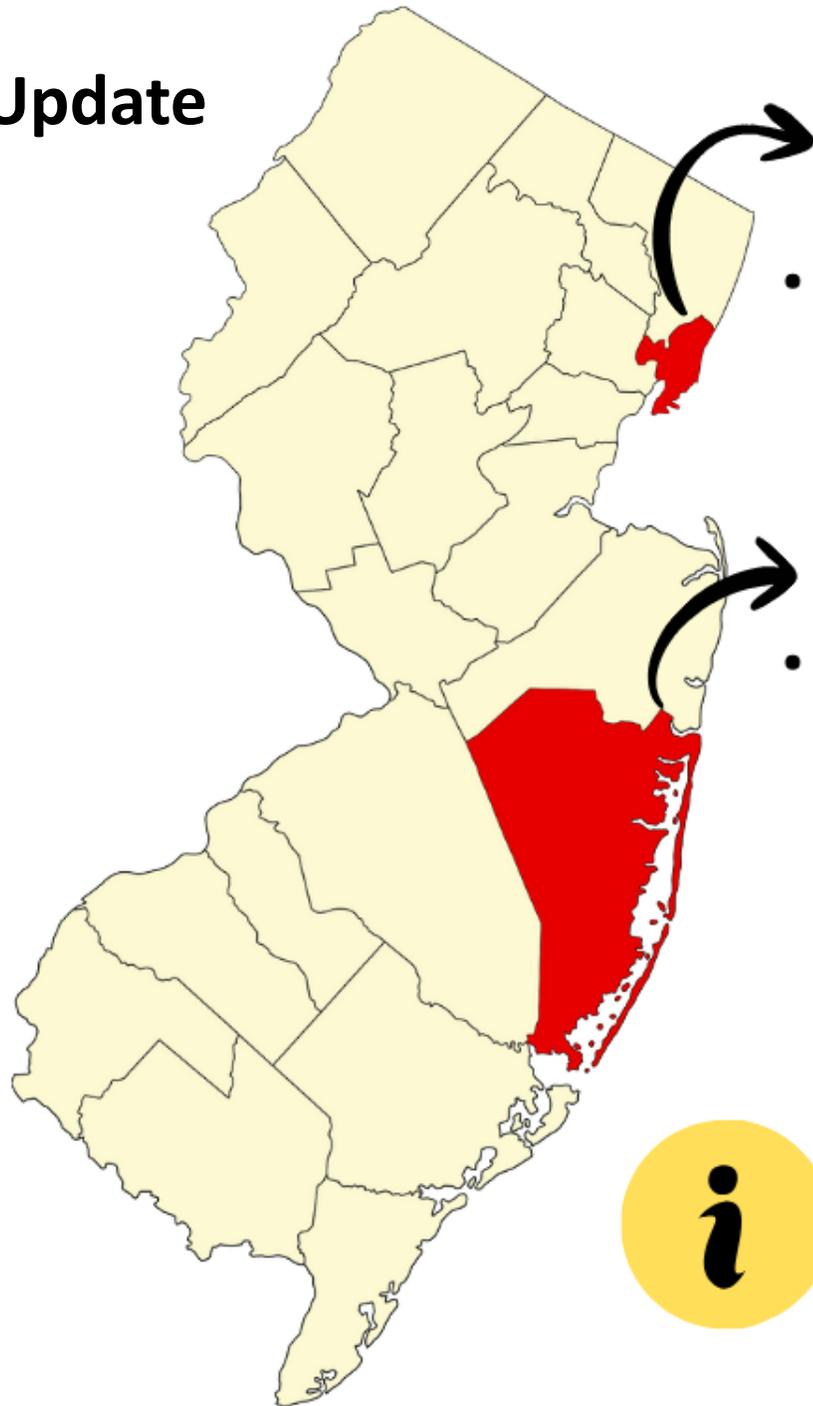
Nursing Report- June

Reportable Diseases Investigated: 3

Cases Closed: 2

Current Cases Open = 1

Measles Update



Hudson County, July 15th

- **1 laboratory confirmed case of measles** from an unvaccinated individual. The source of infection is unknown at this time. The Hudson County case is **unrelated to the Ocean County measles case reported last week** (July 10th) by NJ Dept of Health.
- Limited information is available at this time from the Ocean County case. **New Jersey is not currently experiencing a measles outbreak**, which is **defined as three or more related cases** by the Centers for Disease Control and Prevention (CDC).



Measles **spreads easily through the air when someone coughs or sneezes** and can remain in the air for up to two hours. People can also get sick when they come in contact with mucus or saliva from an infected person.

National Measles Update

U.S. Cases in 2025 Total cases 1319
Age Under 5 years: 378 (29%) 5-19 years: 484 (37%) 20+ years: 445 (34%) Age unknown: 12 (1%)
Vaccination Status Unvaccinated or Unknown: 92% One MMR dose: 4% Two MMR doses: 4%

U.S. Hospitalizations in 2025 13% 13% of cases hospitalized (165 of 1319).
Percent of Age Group Hospitalized Under 5 years: 21% (80 of 378) 5-19 years: 8% (37 of 484) 20+ years: 11% (47 of 445) Age unknown: 8% (1 of 12)
U.S. Deaths in 2025 There has been 3 confirmed deaths from measles

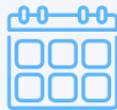
The United States surpassed a milestone in reported measles cases, with 2025 now having the most cases since the disease was declared eliminated in the U.S. in 2000 and the most cases in more than three decades.

MEASLES VACCINE CLINIC



Get Your FREE Measles Vaccine!

Vaccine will be available for anyone 18 years or older



**THURSDAY,
JULY 31, 2025**

3:30 - 6:30 PM



Essex County Cedar Grove Park
Robert J. O'Toole Community Center
199 Fairview Avenue
Cedar Grove, NJ 07009

CALL: (973) 877-8456

to make an appointment today!

Call Center Hours: Mon-Fri, 9am-4pm



Scan to Register:



BY APPOINTMENT ONLY



Joseph N. DiVincenzo, Jr., *Essex County Executive*
The Board of County Commissioners
The Essex County Office of Public Health Management
Putting Essex County's Health First



Environmental Health

Environmental Health - June

Restaurant inspections: 7

- Pre-operation inspections: 1
- Re-inspections: 0
- Mobile Food Trucks: 2
- School inspections: 0
- Pool Inspections: 0
- Daycare inspections: 0
- Camps: 2
- Complaints: 8
- NOVs: 5
- Summonses: 0



Animal Control Update



Animal Control Update



Animal Control Solutions Monthly Report: June 2025 South Orange

Animal Control Solutions Monthly Report: June 2025 South Orange

Total Calls: 31

Bite: 4

Enforcement: 2

Other: 1

Stray: 6

Stray Animals Impounded: 5

Rescue Group: 1

Wildlife: 18





ZUFALL HEALTH

COMMUNITY HEALTH CENTERS

MONTHLY ZUFALL HEALTH VISIT AT THE BAIRD CENTER



Second Friday of Each Month

1:00 PM - 3:00 PM

The Baird Center
5 Mead St South Orange, NJ 07079

Free Services Available



Health insurance enrollment information



Information about our affordable medical, dental, and behavioral health services



Quarterly Free COVID FLU Vaccines



Quarterly Free HIV Screenings

Visit one of Zuffall Health's offices for a FREE, confidential HIV test and get a gift card.

Vaccine Information

- Flu vaccine available for adults 19+.
- **It is safe to get both your 2024/2025 Formula COVID and Flu vaccines at the same time!**
- Bring your insurance card to the appointment

Registration

Call 973-325-2266 ext. 1040

Registration is encouraged but walk-ins are welcome

zuffallhealth.org



7/11/25: 17 people were given health education and information on Zuffall services

VIRTUAL NARCAN TRAINING



MAXIMUM OF 25
PARTICIPANTS

JULY 30, 2025
1:00 PM

LEARN HOW TO
RECOGNIZE AND
RESPOND TO AN OPIOID
OVERDOSE AND RECEIVE
A FREE NARCAN KIT



REGISTER TODAY:

Colette DeGrazia

cdegrazia@dchs.essexcountynj.org



RUTGERS

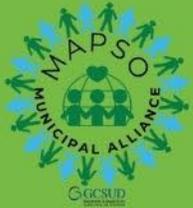
ADAPT

Alcohol and Drug Abuse Prevention Team



PARENTS WHO SPEND 15 MINUTES PER DAY

WITH THEIR CHILD CAN IMPROVE
THEIR HEALTH AND WELLBEING

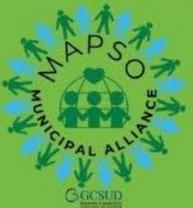


More info: drugfreenj.org/drugfacts/



PADRES QUE DEDICAN 15 MINUTOS AL DÍA

A SUS HIJOS PUEDEN CONTRIBUIR
A MEJORAR SU SALUD Y BIENESTAR



Más información / plis enfòmasyon:
drugfreenj.org/drugfacts/



MAKE THE RIGHT CALL

Emergency

911

- Fire
- Severe injury or medical problem
- Criminal activity
- Life threatening situation

Mental Health Crisis

988

- Suicidal thoughts
- Emotional distress
- Concern for a friend or family member
- Substance misuse

CALL + TEXT CHAT

Social Services

211

- Food
- Housing
- Utility Assistance
- Healthcare services
- Transportation
- Legal services
- Counseling & Support

Poison Control

800-222-1222

- Poison exposure from:
- Medications
 - Household cleaners
 - Plants
 - Bites/Stings
 - Lead
 - Pesticides
 - Recreational drugs

AVAILABLE 24 HOURS A DAY, 7 DAYS A WEEK.



MAPLEWOOD HEALTH DEPARTMENT

