

Board of Health Presentation

May 27, 2025



May is Mental Health Awareness Month



1 in 5 U.S. adults experience mental illness each year.



1,112,000 adults in New Jersey have a mental health condition.

That's more than **3X** the population of Newark.

It is more important than ever to build a stronger mental health system that provides the care, support and services needed to help people build better lives.



An inadequate mental health system affects individuals, families and communities.



High school students with depression are more than **2x more likely to drop out** than their peers.

61.4% of New Jerseyans age 12–17 who have depression **did not receive any care** in the last year.

1 in 4 people with a serious mental illness has been arrested by the police at some point in their lifetime –



leading to over **2 million jail bookings** of people with serious mental illness each year.



More than half of Americans report that **COVID-19 has had a negative impact** on their mental health.

In February 2021, **42.2% of adults in New Jersey** reported symptoms of **anxiety or depression**.

19.9% were unable to get needed counseling or therapy.



More than half of people with a mental health condition in the U.S. **did not receive any treatment** in the last year.

Of the **309,000 adults in New Jersey who did not receive needed mental health care**, **28.5% did not because of cost.**

7.9% of people in the state are uninsured.



1 in 20 U.S. adults experience serious mental illness each year.

In New Jersey, **248,000 adults** have a **serious mental illness**.



1 in 6 U.S. youth aged 6–17 experience a **mental health disorder** each year.

72,000 New Jerseyans age 12–17 have depression.



New Jerseyans are over **9x more likely to be forced out-of-network** for mental health care than for primary health care — making it more difficult to find care and less affordable due to higher out-of-pocket costs.

39,712 people in New Jersey live in a community that **does not have enough mental health professionals.**



9,662 people in New Jersey are homeless and **1 in 3 live with a serious mental illness.**



On average, 1 person in the U.S. **dies by suicide every 11 minutes.**

In New Jersey, **778 lives were lost to suicide** and 239,000 adults had thoughts of suicide in the last year.

About **2 in 5 adults** in jail or prison have a history of mental illness.



7 in 10 youth in the juvenile justice system have a mental health condition.



NAMI New Jersey is part of NAMI, National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

This fact sheet was compiled based on data available in February 2021. For full citations, visit: nami.org/mhpolycystats.

VIRTUAL NARCAN TRAINING



MAXIMUM OF 25
PARTICIPANTS

JUNE 10, 2025
11:00 AM

LEARN HOW TO
RECOGNIZE AND
RESPOND TO AN OPIOID
OVERDOSE AND RECEIVE
A FREE NARCAN KIT



REGISTER TODAY:

Colette DeGrazia

cdegrazia@dchs.essexcountynj.org



RUTGERS

ADAPT

Alcohol and Drug Abuse Prevention Team





ZUFALL
HEALTH

COMMUNITY
HEALTH
CENTERS

MONTHLY ZUFALL HEALTH VISIT AT THE THE BAIRD CENTER

Second Friday of Each Month

1:00 PM - 3:00 PM

The Baird Center
5 Mead St South Orange, NJ 07079



5/16/25: 7 people were tested for their quarterly HIV Screenings

Free Services Available



Health insurance enrollment Information



Information about our affordable medical, dental, and behavioral health services



Quarterly Free COVID FLU Vaccines



Quarterly Free HIV Screenings

Visit one of Zuffall Health's offices for a FREE, confidential HIV test and get a gift card.

Vaccine Information

- Flu vaccine available for adults 19+.
- **It is safe to get both your 2024/2025 Formula COVID and Flu vaccines at the same time!**
- Bring your insurance card to the appointment

Registration

Call 973-325-2266 ext. 1040

Registration is encouraged but walk-ins are welcome

zufallhealth.org



Communicable and Infectious Disease Update

Nursing Report

Reportable Diseases Investigated: 6

National Measles Update

U.S. Cases in 2025

Total cases

1046

Age

Under 5 years: **311 (30%)**

5-19 years: **389 (37%)**

20+ years: **336 (32%)**

Age unknown: **10 (1%)**

Vaccination Status

Unvaccinated or Unknown: **96%**

One MMR dose: **1%**

Two MMR doses: **2%**

U.S. Hospitalizations in 2025

12%

12% of cases hospitalized (127 of 1046).

Percent of Age Group Hospitalized

Under 5 years: **22% (69 of 311)**

5-19 years: **8% (32 of 389)**

20+ years: **7% (25 of 336)**

Age unknown: **10% (1 of 10)**

U.S. Deaths in 2025

3

There has been 3 confirmed deaths from measles

Center for Outbreak Response Innovation (CORI) Measles Scenario-based Risk Assessment can be found [here](#). CORI is currently updating case numbers, public exposures, and new immunization information from some states with missing information. Note: Updates underway. Outbreak information tab will be added once updates are complete.

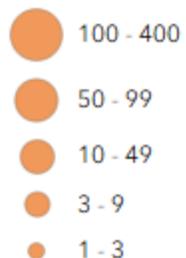
Legend (i)

Public Measles Exposures Within Symptom Monitoring Period



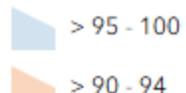
Measles Cases

2025 Case Count

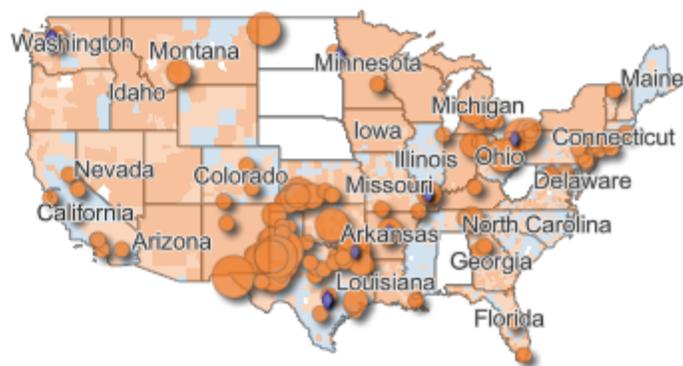


Measles MMR Coverage Update

Immunization Coverage



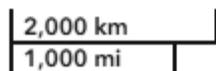
US Measles Map



Search for specific locations using the magnifying glass icon below.



vaii



Sources: Esri; U.S. Department of Commerce, Census Bureau; U.S. Department of Commerce (DOC),... Powered by Esri

Table of US Measles Cases (i)

State	Case Count
Texas	738
New Mexico	74
Kansas	58
Ohio	34
Oklahoma	17
North Dakota	13
Pennsylvania	13
California	11
Michigan	9
Illinois	8
Indiana	8
Montana	7
New York	7
Total	1,045

Last update: 1 minute ago

Cases (Multiple Tabs)

Measles Exposures

3

Confirmed Deaths from Measles



Vaccines for Children (VFC)

Vaccines Offered: DTap, Hepatitis A, Hepatitis B, Men B, TD, Tdap, Flu, Meningo Conj MCV4, PCV20, IPV, HPV9, Varicella, MMR, COVID-19

MAY 2025 LOCATIONS

Wednesday, May 7th
3:30 - 6:30 PM

Essex County
Watsessing Park
Community Center

38 Conger Street
Bloomfield, NJ 07003

* By Appointment ONLY*

Wednesday, May 14th
3:30 - 6:30 PM

Upper Central
Fieldhouse

234 Lincoln Avenue
Orange, NJ 07050

* By Appointment ONLY*

Wednesday, May 21st
3:30 - 6:30 PM

Essex County
Bilal Beasley
Community Center

Directly across the street from
644 Lyons Avenue Irvington, NJ 07111

* By Appointment ONLY*

Eligibility requirements: Medicaid eligible, NJ FamilyCare Plan A eligible, uninsured, American Indian or Alaskan Native. Available to children through age 18.

Vaccines for Children are available by appointment only. To schedule an appointment call 973-877-8456 or email vfc@essexcountynj.org



Joseph N. DiVincenzo, Jr., Essex County Executive
The Board of County Commissioners
The Essex County Office of Public Health Management
Putting Essex County's Health First



Vacunas Para Niños (VFC)

Vacunas ofrecidas: DTap, Hepatitis A, Hepatitis B, Meningococo B, TD, Tdap, Gripe, Meningococo MCV4, PCV20, IPV, HPV9, Varicela, MMR, COVID-19

UBICACIONES DE MAYO DE 2025

Miércoles 7 de Mayo
3:30 - 6:30 PM

Essex County
Watsessing Park
Community Center

Calle Conger 38
Bloomfield, Nueva
Jersey 07003

* SOLO CON CITA PREVIA*

Miércoles 14 de Mayo
3:30 - 6:30 PM

Upper Central
Fieldhouse

Avenida Lincoln 234
Orange, Nueva Jersey
07050

* SOLO CON CITA PREVIA*

Miércoles 21 de Mayo
3:30 - 6:30 PM

Essex County
Bilal Beasley
Community Center

Justo al otro lado de la calle de
644 Lyons Avenue Irvington, NJ 07111

* SOLO CON CITA PREVIA*

Requisitos de elegibilidad: elegible para Medicaid, elegible para el Plan NJ FamilyCare A, sin seguro médico, indígena estadounidense o nativo de Alaska. Disponible para menores de 18 años.

Las vacunas para niños están disponibles solo con cita previa. Para programar una cita, llame al 973-877-8456 o envíe un correo electrónico a vfc@essexcountynj.org

Vaksen Pou Timoun (VFC)

Vaksen yo Ofri: DTap, Epatit A, Epatit B, MenB, TD, Tdap, Grip, Meningo Conj MCV4, PCV20, IPV, HPV9, Varicella, MMR, COVID-19

KOTE ME 2025

Mèkredi 7 Me
3:30 - 6:30 PM

Essex County
Watsessing Park
Community Center

38 Conger Street
Bloomfield, NJ 07003

* SOU RENDEVO SÈLMAN*

Mèkredi 14 Me
3:30 - 6:30 PM

Upper Central
Fieldhouse

234 Lincoln Avenue
Orange, NJ 07050

* SOU RENDEVO SÈLMAN*

Mèkredi 21 Me
3:30 - 6:30 PM

Essex County
Bilal Beasley
Community Center

Nan fas 644 Lyons Avenue
Irvington, NJ 07111

* SOU RENDEVO SÈLMAN*

Kondisyon pou Elijiblite: Medicaid elijib, NJ FamilyCare Plan Yon elijib, ki pa gen asirans, Endyen Ameriken oswa natif natal Alaska. Disponib pou timoun jiska laj 18 an.

Vaksen pou Timoun yo disponib sou randevou sèlman. Pou orè yon randevou rele 973-877-8456 oswa imèl vfc@essexcountynj.org

Avian Influenza (H5N1) Update

Current situation

National situation summary

Person-to-person spread

NONE

There is no known person-to-person spread at this time.

Current public health risk

LOW

The current public health risk is Low.

Cases in the U.S.

70 cases

Deaths in U.S.

1 cases

National Total Cases: 70

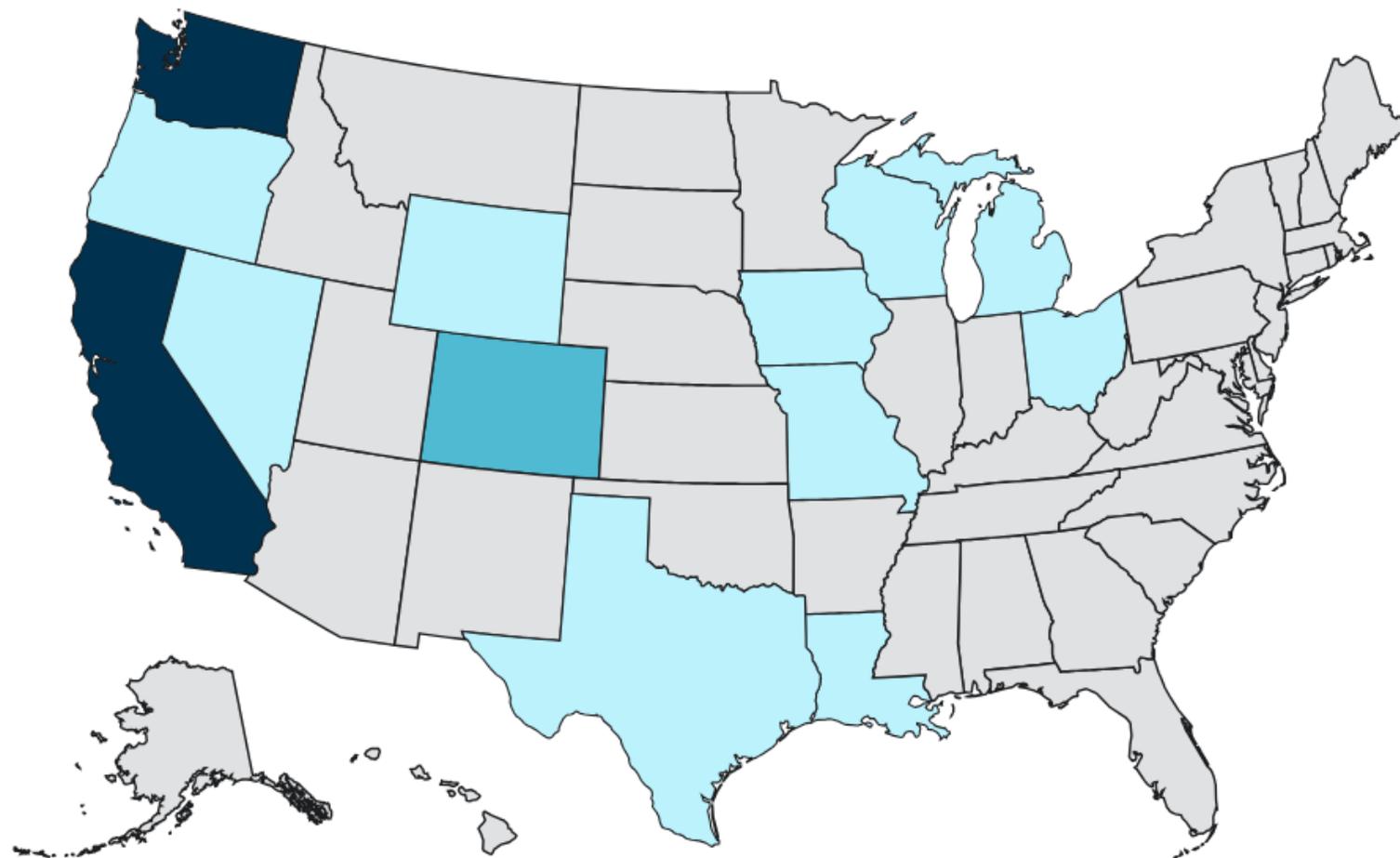
Cases	Exposure Source
41	Dairy Herds (Cattle)*
24	Poultry Farms and Culling Operations*
2	Other Animal Exposure†
3	Exposure Source Unknown‡

NOTE: One additional case was previously detected in a poultry worker in Colorado in 2022. Louisiana reported the first H5 bird flu death in the U.S.

*Exposure Associated with Commercial Agriculture and Related Operations

†Exposure was related to other animals such as backyard flocks, wild birds, or other mammals

‡Exposure source was not able to be identified



Total cases



Avian Influenza (H5N1) Update cont.

- Three principal state agencies involved in monitoring and responding to Avian Influenza
 - **NJ Department of Environmental Protection:** If you encounter sick or dead wild birds report the finding to the DEP hotline at 877-WARN-DEP (877-927-6337)
 - **NJ Department of Health:** Seasonal influenza activity continues to increase, as expected for this time of the year. However, there are no reports of human novel influenza cases, including H5N1 bird flu, in NJ at this time
 - **NJ Department of Agriculture:** Sick or dead domestic birds should be reported to 609-671-6400)
- For more information on H5N1 visit: <https://www.nj.gov/H5N1>

Environmental Health

Environmental Health

Restaurant inspections: 7

- Pre-operation inspections: 1
- Re-inspections: 0
- Mobile Food Trucks: 1
- School inspections: 3
- Daycare inspections: 3
- Camps: 0
- Complaints: 6
- NOVs: 9
- Summonses: 1



Animal Control Update

Animal Control Update- **April 2025**



Animal Control Solutions Monthly Report: April 2025 South Orange

Total Calls: 14

Bite: 2

Enforcement: 1

Wildlife: 11



Animal Resources

Please call Animal Control Solutions during regular business hours (M-F, 8:30 am-4 pm) at (908) 722-1271

- Lost or injured domestic animals
- Dog/ cat bites or other injuries
- Dead animal pick up on public roadways
- Animal emergencies
 - If it is an animal emergency after hours, please call South Orange Police Department: (973) 378-7799.

If it is a question about wildlife, please refer to the NJ Fish and Wildlife website: <https://dep.nj.gov/njfw/wildlife/need-help-with-wildlife/>

Social Services/ Mental Health

CANNabinoid Drug Interaction Review (CANN-DIR)



CANNabinoid Drug Interaction Review (CANN-DIR®) is intended to evaluate for potential Drug-Drug Interactions based on the Cannabinoids (THC & CBD) affecting the Metabolism of OTHER concomitantly prescribed medications.

A free web-based resource developed by Penn State researchers that identifies potential interactions between cannabinoid products and common over-the-counter and prescription medications.

[CANN-DIR](https://www.cann-dir.psu.edu)

MAKE THE RIGHT CALL

Emergency

911

- Fire
- Severe injury or medical problem
- Criminal activity
- Life threatening situation

Mental Health Crisis

988

- Suicidal thoughts
- Emotional distress
- Concern for a friend or family member
- Substance misuse

CALL + TEXT CHAT

Social Services

211

- Food
- Housing
- Utility Assistance
- Healthcare services
- Transportation
- Legal services
- Counseling & Support

Poison Control

800-222-1222

- Poison exposure from:
- Medications
 - Household cleaners
 - Plants
 - Bites/Stings
 - Lead
 - Pesticides
 - Recreational drugs

AVAILABLE 24 HOURS A DAY, 7 DAYS A WEEK.

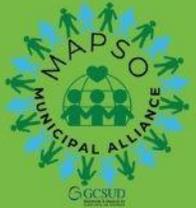


MAPLEWOOD HEALTH DEPARTMENT



PARENTS WHO SPEND 15 MINUTES PER DAY

WITH THEIR CHILD CAN IMPROVE
THEIR HEALTH AND WELLBEING

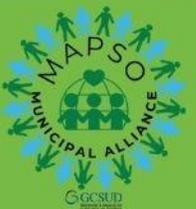


More info: drugfreenj.org/drugfacts/



PADRES QUE DEDICAN 15 MINUTOS AL DÍA

A SUS HIJOS PUEDEN CONTRIBUIR
A MEJORAR SU SALUD Y BIENESTAR



Más información / plis enfòmasyon:
drugfreenj.org/drugfacts/



PARAN KI PASE 15 MINIT NAN JOUNEN AN AK PITIT YO KA AMELYORE SANTE YO AK BYENNÈT YO