



Events by, for and of interest to older residents. Open to residents of both towns, and free unless otherwise noted.

September 2017

Check out our new website!

Going live on September 1, check out www.SOMATwotownsforallages.org for up-to-date event information, resources and activities.

Recurring, Weekly Events

Mondays

Maplewood Farmers Market, 2-7pm

- New location: 1848-1852 Springfield Ave (between Yale and Oberlin)

Tuesdays

Starting Sept. 12 - Movies at Maplewood Senior Center, 1pm

- Join in for movies and refreshments. Call (973) 763-0750 for upcoming titles

Digital Device Clinics, Hilton Library, 5-7pm

- Drop in for free one-on-one support for using your e-reader, tablet, smartphone, or other electronic device. Open to adults, teens and children.

Wednesdays

South Orange Farmers Market, 2-7pm

- Parking lot adjacent to Sloan St.

Thursdays

International Folk Dancing, Burgdorff Center (10 Durand Rd, Maplewood) 8-10:15 pm

- Sponsored by the Maplewood Recreation Department, admission \$5.
- Sign-up for 12 week session, starting Sept. 14, by calling (973) 376-7568.

Volunteer Opportunities

- Volunteers needed to help the Trap Neuter Vaccinate and Release (TNVR) Feral Cat Program in Maplewood. On Sept. 9, 1-3pm, People for Animals will be meeting with the Maplewood Health Department and other TNVR volunteers to plan, update and regroup the feral cat TNVR project. Volunteers are needed to make this program a success. This is the third year of a three year pilot program for TNVR. For more information, please contact Bob Roe, (973) 762-8120.
- The South Orange Historical and Preservation Society's "Gems of South Orange House Tour" is being held on Saturday, October 14th and they're looking for docents to greet people as they move thru the rooms. There are eight homes on the tour, there are two 3-hours shifts to choose from, and docents will be briefed on what to say. Those who are selected to be docents will receive a free pass to the tour and an invitation to the grand finale catered party later that day. Tour hours

are from 11am – 4 pm. A docent's shift is for 3 hours: from 10 am – 1 pm. or 1 pm – 4 pm
Interested persons should contact Joanne Douds at jadouds@aol.com at their earliest convenience or no later than Wednesday, September 27th.

- The Annual Health and Harvest Fest at Hilton Library will take place on October 7. Judges are needed for the healthy cooking competition. Interested? Call Bob Roe at (973) 762-8120 x 4400.
- Cougar Soccer Club of Maplewood and South Orange is always in need of volunteers for various activities like Saturday morning game days, uniform handouts, picture day, Memorial Day Tournament, and more. If you are interested in helping out, please contact Donna Mills at DonnaMillsCougarSoccerClub@gmail.com
- The new senior newsletter will be arriving in your mailboxes October 1. If you would like to get involved with this new publication, to write, edit, take photos or suggest topics, please contact Cathy Rowe at (973) 762-8120 x4005 or Crowe@twp.Maplewood.nj.us.

Classic Card Updates

New additions to the Classic Card program :

No. 165 - 165 Maplewood Ave.

10% off everyday

Parkwood Diner - 1958 Springfield Ave

10% off, M-F, 3-6 pm. cash only

Photo Booth Studios - 9 Highland Place

20% off photoshoots. 10% off print list. \$25 Digital pet portrait with owner in yourhome/ \$35 includes one 8x10 print. carlsphotobooth.com

The Village Trattoria - 2 Inwood Place

10% off everyday

You can sign up for the Classic Card at South Orange Library, the Maplewood Senior Center, either Town Hall, or call (973) 762-8120 x 4005 to have an application mailed to you.

Important Emergency Information

Hurricane Harvey has made it clear how important it is to be prepared for an emergency. "Register Ready – New Jersey's Special Needs Registry for Disasters" allows New Jersey residents with disabilities or access and functional needs and their families, friends, caregivers and associates an opportunity to provide information to emergency response agencies so emergency responders can better plan to serve them in a disaster or other emergency. The information collected is confidential, will be held securely and only used for emergency response and planning.

For more information and to register, go to www.registerready.nj.gov or dial 211 (toll-free) and an operator will assist you in registering.

Fall Fitness Classes Starting Up

Fitness Classes at the Baird - Senior Fitness and Chair Yoga

These popular fitness programs with instructor Robin Weber return to the Baird, beginning the week of October 2nd. Register now at the Baird. Fee - \$60 for 10 sessions, once a week.

- Chair Yoga – Mondays at 10:15am and Thursdays at 11:15am
- Senior Fitness – Wednesdays and Fridays at 10:15am

Fitness Classes at the Maplewood Senior Center

Fee per session - \$30 residents, \$48 non-residents. To register call (973) 763-0750 or login to your Maplewood RecDesk account.

- Mondays:
Senior Aerobics 9:00—10:00am
Resistance Class 10:00—11:00am
Tai Chi 1:00—2:00 pm
- Tuesdays:
Zumba 9:30-10:30am
Senior Aerobics 11:00 - 12:00am
- Wednesdays:
Light Pilates 9:00—10:00am
Senior Toning 10:00—11:00am
- Thursdays:
Zumba 9:30 10:30am
- Fridays:
Senior Toning 9:00—10:00am
Yoga for Seniors 10:00—11:30am

September Events

Sunday, Sept. 3

Concert in Memorial Park - Stephane Wrembel, 5pm

- French-born guitarist/composer Stephane Wrembel learned his craft among the Gypsies at campsites in the French countryside and performs at venues around the world. A proud Maplewood resident, this virtuoso musician is eager to give back to the community with this free performance.

Porchfest - 12-5pm (rain date Sept. 4)

- Free festival of music and entertainment on porches all over the Hilton neighborhood. Kickoff at the Maplewood Community Center to get route map.
- This age-friendly event includes a short and very walkable route around the Hilton neighborhood, easy parking on the streets (with bathrooms nearby at DeHart!), a wide variety of entertainment for all tastes, plus folding chairs at several locations.
- Questions, email Susan Williams at maplewoodporchfest@gmail.com.

Monday, Sept. 4

Creative Writing Group, South Orange Library, 1pm

Tuesday, Sept. 5

South Orange Adult Pool Party & BBQ, 11am-2pm

- Join in for one last gasp of summer....fun, swimming, music and BBQ. Fee \$8 (\$3 discount for Recreation Department I.D. holders and Senior Circle members).

Wed, Sept. 6

Read Around the World: Israel - "Waking Lions" by Ayelet Gundar-Goshen, Maplewood Main, 7 pm

- After a deadly mistake, a good man's safe existence becomes a world of secrets and lies. Waking Lions is a gripping, suspenseful and morally devastating drama of guilt and survival, shame and desire.

South Orange Jitney goes to Essex Green, The Baird, 10am

Annual Senior Pool Party, Maplewood Pool, noon (raindate Sept. 7)

- All Maplewood and South Orange seniors welcome for the 40th annual pool party.
- \$10 includes lunch. Call (973) 763-0750 to register.

Wednesdays at the Movies - "Lion," South Orange Library, 1pm

Sat, Sept. 9

10th Annual South Orange Health Fair, S.O. Fire House, Sloan Street, 10am - 2pm

- Take advantage of a free opportunity to reduce your risk of health problems at South Orange's 10th Annual Health Fair.

Art & Music Reception: Amy Zorn Watercolors, Maplewood Main, 11 am - noon (*please note change of time for September*) Artist's talk at 11:20

- Amy Zorn's background as an art museum curator and longtime Maplewood Garden Club member led to watercolors of flowers and plants. You can see more of her artwork on Facebook at Amy Zorn Watercolors. Live music will be provided by The Straus Brothers Plus One.

RENT Party Picnic, Maplecrest Park, noon - 8pm

- Enjoy Music, bring a picnic or try some of the delicious food from vendors.
- Please bring a canned good for the local food pantries.

Monday, Sept. 11

Computer Classes - Computer Basics, South Orange Library, 10am

Maplewood Glee Club annual open sing, De Hart Community Center, 7:30pm

- ARE YOU A MAN WHO SINGS? A cappella, Doo-wop, Pop songs, Show tunes, Choral works? In a shower or on a stage? If so, the Maplewood Glee Club is looking for you!! Come to our Open Sing -

meet the members, our conductor, and accompanist. Sing a few songs together. Refreshments served.

- Sign up/more info on the Open Sing: <https://goo.gl/apyC8n>

Maplewood Garden Club - Maplewood Main Library, 7:30pm

- Topic: Early Street Community Garden - A Model of Sustainable Landscape. Featuring speaker Carolle Huber, vice president and cofounder of Grow It Green Morristown.

Brunch, Farmers Market and Cooking Demonstrations, South Mountain Rehabilitation, 2385 Springfield Ave, 11am – 1pm

- South Orange Seniors invite all SOMA senior residents to this healthy eating event with a cooking demonstration by Nandini Vickram with samples for all - a farmers market as well as an opportunity to sample and purchase fresh juices.
- Admission is to bring a favorite recipe.
- Signup sheets at Maplewood Senior Center, South Orange Library or RSVP to (973) 762-8120 x 4005 to reserve your spot.
- Jitney service is available. South Orange will pick up at the library at 10:30 am, Maplewood residents call (973) 763-0750.

Tuesday, Sept. 12

Community Coalition on Race - Coffee House Discussion, The Woodland, 7:30pm

Wed, Sept. 13

Computer Explorations, Hilton Library, 10-11 am

- For beginner and intermediate computer users. We'll help you with documents, email, Internet, photos, social media etc. The instructor will help with YOUR specific needs.
- Drop in. No registration needed.

Free Adult Health Screenings, Hilton Library, 3:30 - 5pm

- Blood pressure and carotid bruit screening, medication, weight & health counseling.
- For questions or to schedule an appointment, call 973-762-8120 ext. 4300 Drop-ins are also welcome.

Sign up deadline for trip to New York Botanical Gardens on October 4

- Pick up at the Maplewood Community Center (120 Burnett Ave), 9:30am on Oct. 4
- Join other seniors for a trip to the NYCG Chihuly Exhibit and Farmers Market.
- \$37 per person, includes entry and transportation. BYO or buy lunch there.
- Call (973) 7630750 by *Sept. 13* to register.

Thursday, Sept. 14

Thursday Lecture Series, South Orange Library, 1pm

- Eugene Lieber, Lecturer & Professor Emeritus of History at Essex County College.
- Topic: Fascism - Italy & Germany and its Relevance Today.

Saturday, Sept. 16

Old time baseball game, Cameron Field, Noon

Senior Share, location tbd, 1pm

- Noemi Giszpenc, Executive Director of the Cooperative Development Institute will present on Co-Housing.

Oysterfest, The Woodland, 1pm-9pm

- Free skin cancer screenings at this annual fundraiser for skin cancer.

Sunday, Sept. 17

"The Net Will Appear" by local playwright Erin Mallon, Milesquare Theater, Hoboken, 2pm

- Come and share the story of 75 year-old Bernard and 9 year-old Rory, who encounter each other in 4 episodes on their respective roof tops. With 6 decades dividing them, these friends connect and unearth what's buried in each other and find new ground.
- Transportation leaving at 1 pm can be provided if a minimum of 8 people sign up by Sept 10. To reserve transportation, email Irene Dunsavage (irenecdun@gmail.com) by Sept. 10.
- \$18 at the door.

PlayDay South Orange, South Orange Village

- All of South Orange comes out to play in the street. From street games to fitness activities, inflatables to live music, art, dance and food, PlayDay South Orange will be the most fun you've ever had between two curbs. And the senior tent will be set up for you to sit and relax.

Monday, Sept. 18

Creative Writing Group, South Orange Library, 1pm

Wednesday, Sept. 20

South Orange Jitney goes to Target and Whole Foods, 10am

Wednesdays at the Movies - "The Zookeeper's Wife," South Orange Library, 1pm

Thursday, Sept. 21

South Orange Monthly Blood Pressure Clinic, the Baird Center, 9:30 – 11:00 am

Overlook Van Blood Glucose and Blood Pressure Screening, Hilton Library, 12-2 pm

- Find out if you are at risk for diabetes or high blood pressure with a free screening. Individual counseling is also provided.

NJ Shore Trip from Maplewood Senior Center

- Free trip to Jersey Shore, call (973) 763- 0750. Call to reserve seat on bus.

Saturday, Sept. 23

Arts Unbound sponsors a private coach trip to the Barnes Collection in Philadelphia.

- Enjoy lunch in a private dining room and explore the galleries at your leisure. Extraordinary collection of impressionist, post-impressionist and modern European paintings as well as African and Native American art.
- Bus departure time will be approximately 8:45am. Pick-up location in South Orange to be determined.
- \$100 per person, includes museum admission, coach fare, and lunch.
- Reservations are limited. Make yours online today at www.artsunbound.org/trips at or call Margaret at 973-675-2787.

Sunday, Sept. 24

South Orange Newcomers Day, South Orange Library, 2pm

- New Village residents and incoming SHU students meet neighbors and Village managers while finding a fit with local community groups.

Art Walk & Music Fest in Maplewood Village, 11am-5pm

- Senior art tent will display local work.
- If you have something you would like to show at the SOMA Two towns for all ages tent, please call (973) 762-8120 x 4005 or email Crowe@twp.maplewood.nj.us.

Monday, Sept. 25

Computer Classes - Email Basics, South Orange Library, 10am

Book Discussion Group - "Hush Now Baby," by Angela Williams, South Orange Library, 7:30pm

Tues, Sept. 26

Conceptual Design Presentation, Maplewood Main, 7:30 pm

- Sage and Coombe Architects, who have been hired by the Maplewood Library Board of Trustees to design a Library for the Future, will present their conceptual design to the public.

Essex County Senior Wellness Day, Richard Codey Arena, W. Orange, 10am - 2 pm

- The Essex County Senior Wellness Day is open to all seniors residing in Essex County. Health screenings, information about nutrition and exercise demonstrations will be available. Various Essex County agencies, such as the Division of Senior Services, will have representatives on site to share information about available programs for which seniors are eligible. Area hospitals, senior day care facilities, local nursing homes and other social service providers will also be participating in the fair.
- All seniors will receive free refreshments and bagged produce. Admission to Turtle Back Zoo on the day of the event is free for seniors
- Maplewood Senior bus – call (973) 763-0750.

Thursday, Sept. 28

Hunterdon Hills Playhouse, "Come Blow Your Horn"

- 9:30am departure from Maplewood Senior Center
- \$57.50 for lunch, show and transportation
- Call to register (973) 763- 0750

Thursday Lecture Series, South Orange Library, 1pm

- Douglas Simon, Professor Emeritus of Political Science at Drew University. Topic: World Political Update

Location Guide:

The Baird – 5 Mead St, S. Orange (973) 378-7754

Dehart Community Center – 120 Burnett Ave, Maplewood (973) 763- 0750

Maplewood Main Library – 51 Baker St., Maplewood (973) 762-1622

Maplewood Hilton Library – 1688 Springfield Ave., Maplewood (973) 762-1688

Maplewood Senior Center – 106 Burnett Ave., Maplewood (973) 763- 0750

The Pierro Gallery – inside the Baird, 5 Mead St., S. Orange (973) 378-7754

South Orange Public Library (South Orange Library) – 65 Scotland Rd., S. Orange (973) 762- 0230

Winchester Gardens – 333 Elmwood Ave., Maplewood (973) 762-5050

If you would like to receive information, mailings and emails from SOMA Two towns for all ages, or post an event in our calendar, please email Crowe@twp.maplewood.nj.us or leave a message at (973) 762-8120 x 4005.