



**Events by, for and of interest to older residents.
Open to residents of both towns, and free unless
otherwise noted.**

October 2018

Go to our website for detailed and up-to-date information:

www.SOMATwotownsforallages.org

**Don't want to wait for the newest edition of *Olde News* to come to your mailbox? Read it on line at
<http://www.somatwotownsforallages.org/publications>**

AARP Reception

Join us as we celebrate the acceptance of Maplewood and South Orange into the AARP Network of Age-Friendly Communities. Recognizing the work and progress we - *you* - have made in making our community more aware and responsive to the needs of older residents, AARP has accepted both towns into this network of committed and resourceful towns and cities, dedicated to meeting the needs of older Americans.

Wednesday, October 3

10:30 am

The Woodland - 60 Woodland Rd, Maplewood

Free Rides to the Farmers Market

For October we will continue to offer free rides to the farmers markets through Gogo Grandparent. Just call 855- 464-6872 and request a ride to the market about 15 minutes before you want to go, then call from your cell phone when you are ready to be picked up. *You do not need to have your own Gogo Grandparent account to get free rides to the farmers markets!* The **Maplewood market is open every Monday, 2 - 7 pm** at 1848-1852 Springfield Avenue (between Yale & Oberlin Streets). Pick up and drop off will be at the municipal parking lot behind the market (entrance from Yale). The **South Orange market is open on Wednesdays, 2 -7 pm** in the Sloan Street lot across from the NJ Transit station. Pick up and drop off will be on Sloan Street. *This offer is only good for South Orange and Maplewood residents age 65+ and can be used to go to either market.*

SOMA GrandNannies is a group of South Orange and Maplewood grandparents who take care of their local grandchildren full or part time. This 40 member strong (and growing!) group meets the second Wednesday of each month at 7:30 PM at the Ethical Culture Society (corner of Parker & Prospect in Maplewood) for a face-to-face opportunity to chat and get to know one another better. GrandNannies and GrandDaddies are invited. If you are a grandparent who would like to join their facebook page, go to [facebook.com/groups/1403960663030605](https://www.facebook.com/groups/1403960663030605). This is a page where folks can ask questions, make suggestions, share best practices, books, activities, vent as long as the topic relates to SOMa grandparents and their grandchildren.

Trips with the South Orange –Maplewood Adult School

To register, go to www.somadultschool.org or call (973) 378-7620

Saturday, Oct. 6, 10 – 11:30 am - Great Falls of the Passaic River \$30

One of the nation's largest waterfalls, the Great Falls of the Passaic River in Paterson, New Jersey, is also a hotbed of history. Enjoy tales of Alexander Hamilton, the Industrial Revolution, the Labor Movement and the vital contributions of immigrants as you take in the spectacular scenery.

Friday, Nov. 2 8:30 am – 6pm Registration Deadline Oct 2 Philip Johnson's Glass House, \$186

Take a day trip to New Canaan, CT viewing the documentary of Philip Johnson on the way. Take a docent-led tour and enjoy a 3-course lunch and guided tour of nearby Gores Pavilion.

The 25th Annual Putnam County Spelling Bee, Burgdorff Center, October 11 – 28

Hailed as a work of comedic genius, an eclectic group of students compete for the spelling championship of a lifetime. \$5 off any regular ticket when you purchased by Oct 1. at www.thetheaterproject.org

Check out the new fitness classes at the Maplewood Senior Center

Group Meditation – Tuesdays, Oct. 2 – Nov 27 at 11am

Chair Yoga – Thursdays, Oct. 4 – Nov.29 at 11am

\$30 for Maplewood and South Orange residents. To register call (973) 763-0750 or register online at

[HTTPS://MAPLEWOOD.RECDESK.COM/COMMUNITY/PROGRAM](https://maplewood.recdesk.com/community/program)

October Events

Monday, October 1

Professionals in Transition, Hilton Branch Library, 10 am

Maplewood Garden Club, Maplewood Main Library, 7:30 - 9 pm

- "The Garden Tourist"

Tuesday, October 2

Forum on Integration & Equity in Education, Montrose School, 356 Clark St., S. Orange, 7:30 pm

- Speakers Assemblywoman Mila Jasey and nationally-recognized expert in civil rights Professor Elise Boddie will discuss school integration. Come with your questions and ideas for intentional integration and achieving equity in SOMA and beyond

Wednesday, October 3

Adult Health Screenings, Maplewood Main Library, 10:30 am - noon

Creative Writing Workshop, South Orange Library, 1 pm

- Just bring pen and paper and enjoy writing

Medicare 101 - Preparing for Open Enrollment, Winchester Gardens, 2:30 - 3:30 pm

- Come hear Bob Luperi, Independent Insurance Agent, explain options from Medicare, when to sign up and when you can make changes
- rsvp to Dasha Ciriak (862) 236-0247

Read Around the World, Maplewood Main Library, 7 pm

- France: "Submission," by Michel Houellebecq

Thursday, October 4

Movie Day, Maplewood Senior Center, 1pm

- "Wild Oats"

South Orange Library Lecture Series, South Orange Library, 1pm

- Speaker: Peggy Cinberg
- Topic: Documentary of Six South Orange Residents, 2018

Craft Beer Tasting, Wine Barrel Parking lot, 1886 Springfield Avenue, 6:30 - 9:30

- Tickets can be purchased online at www.SpringfieldAvenue.com or in person at the Wine Barrel.

Monday, October 8

Computer Classes, South Orange Library, 10 am

- Internet Basics, Beginners welcome!

Tuesday October 9

Property Tax Workshop - "The Senior Freeze" Maplewood Town Hall, 10:30 am

- Once again, the offices of our state Assembly Representatives, Mila Jasey and John McKeon, have arranged for staff from the NJ Division of Taxation to speak about the Property tax Reimbursement Program, aka "Senior Freeze". If you are eligible, want to learn more, ask questions and get help with your application come to this informative session. Eligibility requirements are:
 1. Your income was less than \$87,007 in 2016 and \$87,268 in 2017
 2. You were age 65 or older as of December 31, 2016 or receiving Social Security disability benefits
 3. NJ has been your primary residence since at least December 31, 2013
 4. Your 2016 & 2017 Property taxes were paid in full by June 1 of that year.

"Financial Challenges for the Caregiver" Christ Church, 66 Highland Avenue, Short Hills, 6 pm

- Do you find yourself struggling with caring for your family while also ensuring that you are taking care of yourself? Are you taking care of elderly parents as well as your own children? Join the United Way Caregivers Coalition for an informative presentation on financial strategies for the sandwich generation. To reserve a spot, please call or email Rose Twombly at 973-993-1160 x603 or Rose.Twombly@UnitedWayNNJ.org.

Wednesday, October 10

Computer Explorations, Hilton Branch, 10 am

- Get the help YOU need! For beginner computer users.

Senior Club Meeting & Lunch Entertainer Janice Wiggins Maplewood Senior Center, 10 am

Maximizing Social Security Benefits, Hilton Branch, 1 pm

Wednesday at the Movies, South Orange Library, 1 pm

- "The Greatest Showman"

SOMA GrandNannies, Ethical Culture Society, 7:30 pm

Thursday, October 11

Health Screenings, Maplewood Town Hall, 10am - noon

South Orange Library Lecture Series, South Orange Library, 1pm

- Speaker: David Baker, Prof of Shakespeare and Renaissance Literature at Rutgers University
- Topic: Grief & Literature

Friday, October 12

Guided Hike & Lunch in South Mountain Reservation, 11am

- Join in a guided hike with a guide from the South Mountain Conservancy. Learn about the reservation and the conservancy's work to keep this 2,000+ acre preserve
- Lunch will be provided afterwards.
- Free but rsvp to SOMA2towns or (973) 762-8120x4005 for meeting location and to reserve spot

Saturday, October 13

Yarn & Fiber Arts Group, Maplewood Main Library, 10 am - noon

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Monday, October 15

Professionals in Transition, Hilton Branch Library, 10 am

Knitting Workshop, South Orange Library, 1 pm

Estate Planning: Sorting Fact from Fiction, Maplewood Main Library, 7 pm

- wills, living wills, power of attorney, trust, asset protection & Medicaid with Paul Daniele, Esq.

Wednesday, October 17

Creative Writing Workshop, South Orange Library, 1 pm

- Just bring pen and paper and enjoy writing

Ocean Grove Bus Trip, Maplewood Senior Center,

- call 973 763-0750 to reserve your seat

Thursday, October 18

South Orange Senior Circle Meeting, The Baird, 11 am

- Free blood pressure screening beforehand
- Interested in joining Senior Circle? Contact Catherine Sullicvan at cicisull@msn.com

Fall Bingo, South Mountain Rehab, 2385 Springfield Ave, Vauxhall, 11 am - 2 pm

- Join us for a wonderful afternoon of fun, prizes, and socializing!
- Free to all!
- Delicious Hot Lunch Provided!

South Orange Library Lecture Series, South Orange Library, 1pm

- Speaker: Robert Pallitto, Author and Chariman of Politcal Science & Public Affairs at SHU
- Topic: Supreme Court Nomination Process

Overlook Van Screenings, Hilton Branch Library, 1 - 3 pm

- Blood pressure & blood glucose screenings. Breast cancer awareness materials

Friday, October 19

Emergency Preparedness Workshop for Seniors, The Woodland, 11:30

- Public Health Nurse Supervisor Candice Davenport will cover topics such as how to pack a grab-n-go bag, where and what are the local emergency resources and what to do if you have health needs in an emergency.
- This workshop is free and open to the public, but please register by calling (973) 762-8120 x 4300 or emailing SOMA2towns@gmail.com.

Monday, October 22

Computer Classes, South Orange Library, 10 am

- Email Basics, Beginners welcome!

Wednesday, October 24

Wednesday at the Movies, South Orange Library, 1 pm

- "Lady Bird"

Thursday, October 25

Movie Day, Maplewood Senior Center, 1 pm

- "The Sixth Sense"

South Orange Library Lecture Series, South Orange Library, 1pm

- Speaker: Kiara Valickcvia, Exchange visitor from Czech Republic
- Topic: Traditions and History of the Czech Republic

Foreign Film Series, South Orange Library, 7 pm

- "The Wages of Fear" by Clouzot, 1953
- Introduced by Gerard Amsellem, with discussion to follow

Saturday, October 27

Repair Café, Morrow Church, 600 Ridgewood Rd, Maplewood 2 – 5 pm

- Once again, Repair Café returns to help you restore your beloved items to their former glory.
- Want to volunteer to help us? Call (973) 558-0863 or email SOMA2towns@gmail.com.

Sunday, October 28

South Asian Cultural Celebration, The Woodland, 60 Woodland Rd., Maplewood, 12 - 6:30pm

Monday, October 29

Professionals in Transition, Hilton Branch Library, 10 am

AARP Driving Class, Village Apartments, 110 Vose Ave,

- \$15 for AARP Members; \$20 non-members
- Register by calling 973-763-0999

Tuesday, October 30

Halloween Costume Party, Maplewood Senior Center, 11 am

- free but register at 973-763-07050

Wednesday, October 31

Creative Writing Workshop, South Orange Library, 1 pm

- Just bring pen and paper and enjoy writing

Save the Date - Sunday, November 4

SOMA Two Towns for All Ages will hold a Senior Housing Forum at the Woodland , 2 -4 pm. Speakers on a variety of topics to help residents stay in their homes and in our wonderful community.

Location Guide:

The Baird – 5 Mead St, S. Orange (973) 378-7754

Burgdorff Center – 10 Durand Rd, Maplewood

Dehart Community Center – 120 Burnett Ave, Maplewood (973) 763- 0750

Durrand-Hedden House - 523 Ridgewood Rd, Maplewood (973)

Maplewood Main Library – 51 Baker St., Maplewood (973) 762-1622

Maplewood Hilton Library – 1688 Springfield Ave., Maplewood (973) 762-1688

Maplewood Senior Center – 106 Burnett Ave., Maplewood (973) 763- 0750

Maplewood Municipal Building – 574 Valley St., Maplewood, (973) 762-8120

The Pierro Gallery – inside the Baird, 5 Mead St., S. Orange (973) 378-7754

South Orange Library – 65 Scotland Rd., S. Orange (973) 762- 0230

South Orange Village Hall – 76 S. Orange Ave., (973) 378-7715

The Woodland - 60 Woodland Rd., Maplewood

Winchester Gardens – 333 Elmwood Ave., Maplewood (973) 762-5050

If you would like to receive information, mailings and emails from SOMA Two towns for all ages, or post an event in our calendar, please email Crowe@twp.maplewood.nj.us or leave a message at (973) 762-8120 x 4005.